Week 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 7 - 13	Rotisserie Style Chicken	Italian Baked Chicken	Jerk Chicken	Orange Chicken	Cajun Catfish Fillet	Carolina BBQ Chicken	Fried Shrimp
June 4 -10	Fried Pork Chop	HC Sirloin Tips & Mushrooms	Teriyaki Salmon	Stuffed Peppers	Chicken Stir Fry	Beef Mac Casserole	Hamburger Steak
July 2 - 8	*Sweet Potato Casserole	*Baked Sweet Potato	Key Largo Veg Blend	Black Eyed Peas	*Harvard Beets	*Green Beans	*Black-Eyed Peas
July 30 - Aug. 5	*Broccoli	*Baked Potato	Cabbage	*Lima Beans	*Oriental Veg. Blend	Corn on the Cob	*Macaroni & Cheese
Aug. 27 - Sept. 2	*Capri Veg. Blend	Wild Rice	*Broccoli	California Blend Veg.	Turnip Greens	*Broccoli	*San Fran Vegetable Blend
Sept. 24 - 30	*Mashed Potatoes	*San Fran Veg. Blend	Red Beans & Rice	Red Skin Mashed Potatoes	White Rice	Red Skinned Potatoes	*White Rice
Oct. 22 - 28	Chicken Gravy		Fried Green Beans	Gravy	Gravy	*Fried Okra	Beef Gravy
Nov. 19 - 25	Mustard Greens	*Roasted Asparagus	*Corn Muffin		Vegetable Spring Roll		*Broccoli
Dec 17 - 23	*Corn Muffin				*Corn Muffin		*Sauted Onions
	Broccoli and Cheese Soup						Country Gravy
		Homemade Veg Beef Soup	Kale, Cannellini & Faro Soup	Homemade Veg Beef Soup	Hearty Tortellini Soup	Vegeable Soup	Homemade Veg Beef Soup

Week 2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 14 - 20	HC Sirloin Tips & Mushrooms	BBQ Pork	Honey Citrus Salmon	Parmesan Tilapia Fillet	Rotisserie Chicken	Lemon Chicken & Mushrooms	Fried Shrimp
June 11 - 17	BBQ Chicken	Roasted Turkey	Chicken Parmesan	Baked Cajun Wings	Mexi-Bowl, Beef or Chicken	BBQ Pork Ribs	Orange Chicken
July 9 -15	*Brown Rice	Mashed Potatoes	*Linguine	Fried Chicken Wings	*Spicy Black Beans	*Carrots	*White Rice
Aug. 6 - 12	*Lima Beans	*Baked Potato Bar	*Marinara Sauce	*Capri Veg Blend	Fiesta Rice	*Sugar Snap Peas	Black Eyed Peas
Sept. 3 -9	*California Vegetable Blend	*Succotash	*Key Largo Vegetable Blend	*Mashed Potatoes	*Broccoli	Collards	*Au Gratin Potatoes
Oct. 1 - 7	*Baked Sweet Potato	*Broccoli	Cilantro Lime Rice	Chicken Gravy	Fajita Peppers & Onions		*San Fran Vegetable Blend
Oct. 29 - Nov 4	Gourmet Spinach	*Hushpuppies	Cabbage	Turnip Greens	Jalapeno Poppers	*Veg. Baked Beans	*Whole Kernel Corn
Nov. 26 - Dec. 2		Cranberry Dressing	*Parmesan Garlic Breadsticks	*Corn Muffin	Chuck Wagon Corn	*Linguine	*Cut Green Beans
Dec 24 - 30		*Fried Green Beans	*Corn Muffin	Fried Corn Nuggets		*Corn Muffin	
	Broccoli Soup				Pasta e Faggioli Soup		
		Homemade Veg Beef Soup	Turkey with Kale Soup	Homemade Veg Beef Soup		Asian Immunity Chicken Soup	Homemade Veg Beef Soup

Week 3	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 21 - 27	BBQ Chicken	Turkey Marsala	San Fran Chicken	Parmesan Tilapia	Chicken Dijon	HC Sirloin Tips & Mushrooms	Rotisserie Chicken
June 18 - 24	Grilled Pork Chop	Cajun Catfish Filet	Mustard & Herb Salmon	BBQ Chicken	Hamburger Steak	Chicken Florentine	Fried Shrimp
Jult 16 - 22	*Black-Eyed Peas	*Brown Rice	*Baked Sweet Potato	Fried Fish & Shrimp	*Red Skin Mashed Potatoes	*Capri Veg Blend	*Broccoli
Aug. 13 - 19	*California Vegetable Blend	*Key Largo Vegetable Blend	Fried Okra	Collard Greens	*Harvard Beets	*Egg Noodles	*Stewed Tomatoes
Sept. 10 - 16	*Macaroni & Cheese	*Sweet Potato Casserole	Cabbage	*Seasoned Potato Wedges	*San Fran Vegetable Blend	*Broccoli	*Key Largo Veg Blend
Oct. 8 - 14	*White Rice	*Succotash	*Baked Potato	*California Veg Blend	Gourmet Spinach	*Cheese Sauce	Mustard Greens
Nov. 5 - 11	Collard Greens	Turnip Greens	Cut Green Beans		Rutabagas	*Seasoned Squash w/ Onions	*White Rice
Dec. 3- 9	Beef Gravy	Chicken Gravy		*Hushpuppies	Beef Gravy	*Rice Pilaf	Chicken Gravy
Dec. 31- Jan 6	*Corn Muffin	*Corn Muffin	*Corn Muffin	*Corn Muffin			*Corn Muffin
	Broccoli and Cheese Soup						
		Homemade Veg Beef Soup	Kale, Cannellini & Faro Soup	Homemade Veg Beef Soup	Hearty Tortellini Soup	Vegeable Soup	Homemade Veg Beef Soup

Week 4	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 28 - June 3	HC Sirloin Tips & Mushrooms	Roasted Turkey	Honey Citrus Salmon	Parmesan Tilapia Fillet	Vegetable Enchilada	Fried Chicken Wings	Beef Mac
June 25 - July 1	Fried Chicken	Baked Spaghetti	Grilled Pork Chop	Fried Chicken	Chicken Pastry	HC Sirloin Tips & Mushrooms	Fried Shrimp
July 23 - 29	*Carrots	Cranberry Dressing	*Sweet Potato Casserole	Red Skin Mashed Potatoes	*Spicy Black Beans	*Brown Rice	*California Veg Blend
Sept. 17 - 23	*White Rice	California Veg. Blend	Cabbage	*Macaroni & Cheese	*Whole Kernel Corn	*San Fran Veg Blend	*Carrots
Oct. 15 - 21	*Au Gratin Potatoes	*Broccoli	Cilantro Lime Rice	*Capri Vegetable Blend	Jalapeno Poppers	*Sugar Snap Peas	*Brown Rice
Nov. 12 - 18	*Lima Beans	White Rice	Chicken Gravy	Mustard Greens	*Broccoli	*Au Gratin Potatoes	*Lima Beans
Dec. 10 - 16	Turnip Greens	*Cut Green Beans	*Corn on the Cob	*Fried Okra	*Cheese Sauce	Green Bean Casserole	*Cut Green Beans
Jan. 7 - 13	*Corn Muffin	*Parmesan Garlic Breadsticks	*Key Largo Vegetable Blend	Chicken Gravy			
			*Corn Muffin	*Corn Muffin			Homemade Veg Beef Soup
	Broccoli Soup		Turkey with Kale Soup		Pasta e Faggioli Soup		
		Homemade Veg Beef Soup		Homemade Veg Beef Soup		Asian Immunity Chicken Soup	**1/5/2017**