



Parent Education Program

WILSON
MEDICAL CENTER
A Duke LifePoint Hospital

Preparation for Breastfeeding

This FREE class provides information about the importance of breastfeeding. Techniques for latch-on and positioning are demonstrated to help you get started. Combining breastfeeding with pumping when returning to work or school is also introduced. Expectant mothers should attend this class one to three months before their due date with fathers, grandparents or other support people. Classes are held in the Wilson Medical Center Auditorium on the third Thursday of the month from 6 – 8 p.m. on the dates to the right:

If you wish to attend these classes, complete the form and return it to jennifer.roberts@wilmed.org. Once the pre-registration card is received, you will receive a confirmation.

January 18
February 15
March 15
April 19
May 17
June 21
July 19
August 16
September 20
October 18
November 15
No class for December

Cost: FREE

WILSON
MEDICAL CENTER
A Duke LifePoint Hospital
wilsonmedical.com

Cost is FREE, but pre-registration is required. Please email completed form to Jennifer Roberts at jennifer.roberts@wilmed.org. For more information, call our Lactation Specialist at 252.399.8887.



Preparation for Breastfeeding Registration Form

2018 Class Schedule
Wilson Medical Center Auditorium
6 – 8 p.m.

If you wish to attend these classes, complete the form and return it to jennifer.roberts@wilmed.org.
Once the pre-registration card is received, you will receive a confirmation.

Name: _____

Month you plan to attend: _____ **Due Date:** _____

Mailing Address: _____

City/State/Zip: _____

Daytime Phone Number: _____

Email Address: _____

Is this your first baby? _____

If not, how many children do you have? _____

January 18
February 15
March 15
April 19
May 17
June 21
July 19
August 16
September 20
October 18
November 15
No class for December

Cost: FREE

WILSON
MEDICAL CENTER

A Duke LifePoint Hospital

wilsonmedical.com

Cost is FREE, but pre-registration is required. Please email completed form to Jennifer Roberts at jennifer.roberts@wilmed.org. For more information, call our Lactation Specialist at 252.399.8887.